

COVID-19 GUIDELINES

Summer Holiday Club



This document has been based on guidance from Public Health England as well as the 'Protective Measures for Holiday Club or After School Clubs and other out of school settings for children.'- Published 1 July 2020.

These guidelines and guarantees will give you an update on the support we are providing throughout the Summer holidays at our clubs.

This document states the procedures we will follow in all sports and arts and crafts activities to support social distancing, ensure equipment or sports gear are not shared between young people and keep 2m apart. These recommendations are based on the types of movement typically found on school grounds during PE, breaktimes, playtimes, lunchtimes, school sport, physical activity and incidental movement.

These guidelines are subject to change and will be continuously updated alongside the anticipated, newly released phases from the government.

| Guidance area | Testlands Guarantee |
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| Equipment; <ul style="list-style-type: none">This means no sports clothing can be used or shared between children it is also recommended that sharing equipment should be kept minimal. | Each bubble will have equipment assigned to them which will be wiped down and cleaned at the beginning, before/after usage and at the end of the day. No bibs/tags or additional clothing are to be used for activities. When equipment must be shared for an activity, the children will be encouraged to wash their hands thouroughly before and after. |
| Minimising contact and mixing; <ul style="list-style-type: none">High risk activities or new skills beyond the young people's capabilities should be avoided e.g. gymnastics where support cannot be provided. | We will individualise activities as much as possible. Safety is paramount - if the child can do a skill safely and it is well within their ability we will allow this. We will discourage activities that are physically challenging which might require an adult intervention, physical support or could result in injury. |
| <ul style="list-style-type: none">As such, providers should seek to maintain small, consistent groups of no more than 15 children and at least one staff member. | Social distancing will be encouraged regularly, where possible we will have areas set up for activities with appropriate space. Bubbles will not be mixed throughout the day and will stay in clearly marked zones for them. Fixed playground equipment will be available to use and will be cleaned/wiped down between each bubble usage where applicable e.g slides/climbing apparatus. Our bubbles will be chosen based on the bubble selection policy to ensure minimal mixing. |
| Activities <ul style="list-style-type: none">Minimising sharing equipment between bubblesMinimising sharing equipment within bubblesClean and disinfect all equipment before and after use. | During our activities, all bubbles will be assigned plenty of space to play games. Arts and craft areas will be split and each child will have an arts and crafts set to their table. (1 between 2). All equipment will be wiped, disinfected and put away when used, days will be planned so minimal equipment sharing is required. |
| Robust hygiene measures, before and after all activities. | Young people and adults will wash their hands with soap and water for 20 seconds before and after activities. All equipment will be cleaned after use. Any soft equipment will be washed at the end of each day. We will be providing enough bins to ensure all used wipes/tissues can be discarded of appropriately. |
| Sharing of drinks/whistles/bibs/bands etc. are not permitted. | We will ensure no whistles are used. Non-verbal cues or clapping signals will be used to gain attention. All kit that can be 'tempting' to grab will not be used. Bibs/bands will not be used or shared. |
| Unnecessary risks should be reduced: <ul style="list-style-type: none">HairBaggy clothes | All staff will ensure hair is tied up where appropriate. No clothes that are loose and likely to have movement will be worn to ensure the minimal risk of contact to others or objects. We will also recommend the same guidelines are followed by all young people too. |
| Staffs actions will reduce risks: <ul style="list-style-type: none">Washing of handsWashing of objects touchedWashing of clothesIntimate care | All staff will wash their hands at the start and end of every activity to ensure best practice hygiene is pursued. Any object that is touched by staff will be washed after use e.g. equipment, handles, doors etc. All staff will ensure that clothes are taken off once they arrive home, put into a bag, turned inside out into the washing machine and washed immediately. New clothes will then be worn the following day. Staff will be using PPE during the following situations: if a young person is in need of intimate care and when any first aid is needed. If a young person has a personal accident e.g. not reaching toilet. PPE equipment will then be placed straight into a santised bin as this will not be reusable. |
| Transitions must follow social distancing: <ul style="list-style-type: none">ArrivalDismissalChanging of workspaces | We will have specific designated drop off/collection points for each bubbles at our bases. All parents will be expected to wait outside of this designated drop off/collection area. On arrival, the responsible adult will drop their young person to the designated drop off point and will then leave the site. The young people will then be taken straight to their base for the day. At dismissal, the young people will then be placed 2m apart in a line until the designated collector is seen. We will then stagger the release times of the bubbles to reduce the risk of contact. We will dismiss one young person at a time to ensure the guidelines are followed. One way systems to work spaces have been created when bubbles transition around outside space/building. |